

# Safe Church Policy

First CRC, Rock Valley, Iowa  
2025

## Table of Contents

1. Introduction
2. Definitions:
3. General Guidelines and Expectations of Ministry Leaders
4. General Guidelines Pertaining To Criteria For Safe Supervision of Children, Youth and Vulnerable Adults
5. Program-specific Guidelines for Abuse Prevention of Children
6. Guidelines for Pastoral Visitation
7. Responding to Abuse
8. Sex Offender Protocol

### Appendices:

- Appendix A: State/Provincial Definitions
- Appendix B: Signs and Symptoms of Child Abuse – School Age
- Appendix C: Responding to a Disclosure of Abuse from a Child
- Appendix D: Confidentiality
- Appendix E: Children & Youth Worker Application Form
- Appendix F: Children & Youth Worker Renewal Form
- Appendix G: Accident Or Incident Report
- Appendix H: Conditional Attendance Agreement

## 1. Introduction

**A. Vision:** As a community of Christ-followers, we seek to be a place where each person can experience the love, compassion, healing, and forgiveness that God pours out on us in Jesus Christ. This means being a congregation where all can worship and grow in their faith free from abuse and where those who have been victimized by abuse can receive support in their journey toward healing. In instituting this policy, we commit to protecting and supporting the value and dignity of each person, especially the most vulnerable among us, and to being a community that makes every effort to prevent abuse in our midst.

**B. Scope:** This policy is intended to systematically prevent all forms of abuse and the misuse of power within our congregation and ministries.

### **C. Purpose of this Policy:**

1. To educate staff, leaders, and volunteers about abuse, the dynamics of power, and especially the responsibility required by people in positions of power.
2. To ensure that clergy, elders, deacons, staff members, and volunteer leaders are following appropriate boundaries and have appropriate structures of accountability and support.
3. To reflect the high value that Jesus places on those who are vulnerable. As Christ's church, we reflect Christ by ensuring that honor and dignity are shown to every person created in God's image.
4. To provide a safe place for any person to come forward with a disclosure of abuse and receive help.
5. To equip the church leadership and congregation with clear guidelines for how to respond effectively with justice and compassion to situations of abuse.
6. To create opportunities to talk about abuse and increase awareness. Abuse thrives in silence and secrecy, and we must not let it thrive in our communities (Eph. 5).
7. To practice the diligence required as the church and to abide by the laws of our state or province, and country.
8. To satisfy requirements from insurance companies and to limit the risk of abuse or harm.

## 2. Definitions:

### A. Misconduct

As a church, we are committed to holding our leaders and volunteers to the highest standard of behavior. Therefore, the following definitions of abuse<sup>1</sup> go beyond legal definitions to include any form of ungodly conduct, misuse of power, misuse of spiritual authority, sexually inappropriate behavior, neglect, and abuse of office. These are behaviors that violate the trust and well-being of individuals and the community of believers, and they taint the office held by the offender.

#### 1. Physical Misconduct is:

- a. Threatened harm or non-accidental injury inflicted on a minor or vulnerable adult, or
- b. Offensive or harmful contact with an adult;
- c. Physical misconduct is sometimes a single event, but more often a chronic pattern of interacting with a minor or an adult.

#### 2. Sexual Misconduct is:

- a. Exploiting or grooming (preparing) a minor or an adult – regardless of consent or circumstances – for the purpose of sexual touch, sexual activity, or emotional intimacy with the result of either sexual gratification or power and control over the minor and/or adult.
- b. Unwelcome touch, sexual activity, or emotional intimacy between co-workers, co-volunteers, or
- c. Sexual touch, sexual activity, or emotional intimacy between a supervisor and a subordinate who serve together in a church program or church ministry.
- d. The development of or the attempt of a ministry leader to develop a sexual or emotional relationship with a participant in the ministries of the church.

#### 3. Emotional Misconduct is:

A pattern of behavior in which a person insults, humiliates, and manipulates an individual or group in order to establish or maintain control over them. Emotional misconduct includes:

- Threatening a person's safety, property, or loved ones.
- Isolating a person from family, friends, and acquaintances.
- Demeaning, bullying, belittling, shaming, or humiliating a person.
- Delivering constant criticism; or
- Emotionally blackmailing or harassing a person.

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<sup>1</sup> The following definitions are taken from the guidelines approved by CRCNA's Synod 2010 and the COD 2022. A church may also want to include state/provincial definitions of abuse in their policy. In this policy, we have included them in [Appendix A](#).

#### 4. **Spiritual Misconduct is:**

A form of emotional and psychological abuse, characterized by a systematic pattern of coercive and controlling behavior in a religious context. Spiritual misconduct may include:

- manipulation and exploitation by appeal to religious convictions and beliefs,
- censorship of decision making,
- requirements for secrecy and silence,
- coercion to conform [inability to ask questions]
- requirement of obedience to the abuser
- the suggestion that the abuser holds a 'divine' position
- isolation as a means of punishment.

#### **B. Concepts of Abuse of Power**

**Power:** Power is the ability to influence or affect an outcome. We all have power as human beings; some of us are given more power as a result of our role or our status within a community. When power is stewarded well, it brings flourishing to all people as an expression of the shalom of the kingdom of God.

**Abuse of power:** Abuse of power is misusing power to harm another person, or using power and influence for personal gain at the expense of another person. Power can be used to harm another person intentionally or through ignorance, subtly or overtly, to advance one's own desires without regard for the needs or desires of others in ways that disturb the flourishing of others. At the core of all types of abuse are behaviors related to acquiring, maintaining, and misusing power and control. The same power dynamics show up in all types of abuse, whether it be sexual abuse, physical abuse, emotional abuse, or spiritual abuse.

#### **C. Position Titles**

**Safe Church Team/Abuse Prevention and Response Team:** The Safe Church Team shall have at least 2 people, with one person being an ordained elder of the church, and all individuals having experience or training reflecting competency in one or more of the following:

- Abuse of Power, Trauma-informed Ministry, Healthy Boundaries, Circle of Grace program, Domestic Abuse/Intimate Partner Violence, and/or Restorative Practices.

**Ministry Leader:** Any person, paid or volunteer, ordained or not ordained, in a position of leadership over an area or aspect of ministry in First CRC. (This includes pastors, directors, elders, deacons, Gems and Cadet leaders, youth leaders, Nursery Care, Children in Worship, and Sunday School Teachers.)

**Ministry Staff Leader/Pastor:** Any paid staff, pastor, or director who has a position of spiritual authority over other volunteers or members of the church.

**Adult Volunteer:** Any volunteer over the age of 18 who leads or assists in ministry programming.

**Helper:** A youth who assists as a volunteer in a program.

**Child:** Children 0 - 10 years of age.

**Youth:** Children from 11 to 18 years of age.

**Vulnerable Adult:** A person over the age of 18 who is unable to protect himself or herself from abuse, neglect, or exploitation because of a mental or physical impairment or advanced age.

### **3. General Guidelines and Expectations of Ministry Leaders**

All who serve in the life of the church are called to use their position and power, not in ways that lord it over others or seek to control others, but in ways that are patterned after Christ himself. According to Philippians 2, Christ did not consider equality with God as something to be used to his own advantage but used his power for the thriving of others. These guidelines are designed to help ministry leaders steward their position and power well and cultivate cultures that resist abuse.

- A. All paid ministry staff leaders/pastors shall commit to a Background Check and participate in Child Safety Training within 12 months of being hired. Background checks will be conducted for everyone working with children. The process will include filling out an application and then submitting to a background check. Each person, after completing the background check, will then be given the opportunity to complete on-line training. If they are a church employee or a program committee head the training is mandatory. Renewals will be completed every five years. This will consist of a shorter version of the application and then of course a background check.
- B. Pastor (pre-employment), Sunday School Teachers, GEM's Leaders, Cadets Leaders, Nursery Care, Children in Worship, and Youth Group Leaders will agree to a background check, and Central Registry/Child Abuse registry check at the beginning of their time of service. ([Appendix E](#))
- C. Topics related to abuse prevention, healthy boundaries, and support for survivors will be addressed at least annually in Sunday school classes, sermons, newsletters, prayers, and other areas of church life.
- D. In addition to a background check, ministry leaders must attend or be associated with First CRC for at least six months before supervising children, youth, or vulnerable adults.
- E. Felony convictions are wide-ranging from theft, drug trafficking, physical or sexual assault, each with varying degrees of harm caused; the uniqueness and level of risk of each conviction should be carefully assessed should this person be given the privilege of doing ministry with those who are vulnerable. Those with felony convictions involving minors or those who have been found to have had inappropriate sexual relationships with minors will not be allowed to serve in ministries with children. For all others with felony convictions to be considered as a volunteer, the following is required:

- a. A signed letter from a mental health therapist indicating that the person is fit to serve in the desired position.
  - b. An individualized covenant of accountability and support outlining the terms and conditions under which the person may volunteer or participate in church related events.
  - c. All individuals with convictions or concerning histories must obtain full approval from the council to begin service.
- B. All ministry leaders and volunteer leaders are required to report any suspected abuse of a minor (physical, sexual, emotional, neglect) to the civil authorities. For more guidance, see “Responding to a Disclosure of Abuse from a Child” in [Appendix C](#).
- C. All ministry leaders and volunteer leaders are required to use their access to the church internet and technology belonging to the church (computers, laptops, cell phones, etc.) in ways that are legal, reflect Godly conduct, and conform to network etiquette, laws and courtesies.
- D. The name and contact information of the person to whom to report abuse or suspected abuse will be posted in public and visible places. This may include on a bulletin board, in the church newsletter, on the church website, and/or in the church office.

## **5. General Guidelines Pertaining to Criteria for Safe Supervision of Children, Youth, and Vulnerable Adults**

These guidelines are designed to protect children, youth, and vulnerable adults from harm while attending and participating in church-sponsored events.

### **A. Two-Adult Rule Or The Rule of Three:**

At all church-sponsored functions involving the supervision of children, youth, or vulnerable adults, either the *Two Adult Rule* **OR** *Rule of Three* will be practiced. No staff or volunteers should be alone with a single child, youth, or vulnerable adult in locations where they cannot be clearly observed by others.

**1. The *Two-Adult Rule*:** At least two, unrelated, adults should be present at every function and in each classroom, vehicle, or other enclosed area during all activities involving children, youth, or vulnerable adults.

**2. The *Rule of Three*:**

- a. At least three individuals should be present at every function and in each classroom, vehicle, or other enclosed area during all activities involving children, youth, or vulnerable adults.

## **B. One-to-One Meetings:**

In children and youth ministry, there are times when a ministry leader or volunteer leader seeks to meet one-to-one with a youth or child. Because the imbalance of power is particularly pronounced when a child or youth is alone with an adult, it is crucial that ministry leaders and volunteer leaders follow safe protocols.

1. When possible, the meeting should only take place between a student and ministry leader/volunteer of the same gender.
2. The meeting should take place in a public place (i.e. restaurant, coffee shop, bookstore, etc.) with the permission and knowledge of the parents.
3. The ministry leader or volunteer should notify the director of the ministry or another designated church leader prior to meeting with the minor child.

## **C. Discipline:**

When children or youth act out during church events, ministry leaders and volunteers will take care to address the misbehavior in ways that are consistent with the following guidelines:

1. Corporal punishment is not permitted (spanking, pinching, hitting).
2. Parents are to be informed whenever a child/youth misbehaves beyond minor correction or if a pattern of misbehavior develops.
3. An aide or parent should be involved in classrooms where misbehavior is an ongoing problem.
4. Appropriate types of discipline are to be reviewed with volunteers/staff annually.
5. Whenever possible, leaders should address disruptive behavior by:
  - redirecting the child/youth to another activity
  - helping the child/youth focus on a more acceptable behavior
  - taking the child/youth aside if another adult volunteer/staff person is available to assist

## **D. Guidelines for Using Electronic Communication (Social Media Messaging, Email, or Texting):**

Electronic communication (email and texts) and use of social media has become the preferred means for communication for many people, especially youth. While seeking to use technology to encourage good connections between ministry leaders/volunteers and youth, it is also important to provide guidelines that safeguard youth from potential abuse. To that end, all ministry staff leaders and volunteers will abide by the following Electronic Communication and Social Media Usage policy in their interactions with youth and children.

1. Communication should not take place with young people between the hours of 9:00 pm and 7:00 am unless in an emergency.
2. Emails, messages, texts, or phone calls should be short and should usually be a one-off communication to arrange a meeting or remind young people to attend an event. Parents should be included in individual messages and group messages should be prioritized.

3. Ongoing conversations or lengthy personal communications should not be done through email or text.
4. If digital communication raises any child protection concerns, the safe church team should be notified
5. When a volunteer leaves a ministry involving youth due to misconduct of any kind, staff should request that this volunteer not contact any youth - and that all youth contact information must be removed from that adult's device.

• **E. Guidelines for Social Media Groups:**

Each ministry group/class may have a social media group provided they follow the guidelines below:

1. The group must be “closed” or “private” so that it is not public information. Privacy settings on photographs should be set to ensure that only members of the group see them.
2. Ministry staff/volunteers may not use any image of a child or youth without written consent of the parents and only in ways that protect the value and dignity of those pictured.
3. The group must be monitored by at least two staff/volunteers who have admin rights.
4. Young people, staff, and volunteers may become members of this group provided they are 13 or over.
5. While direct 1:1 messages should be avoided between youth and volunteer leaders, communication can occur openly through comments and posts on the page.
6. Church events can be posted on the page.
7. Church volunteers are forbidden to post or distribute personal identifiable information of any child under the age of eighteen. Personal identifiable information includes but is not limited to full name, home address, email address, telephone number or any information that would allow someone to identify or contact a child or that would jeopardize their safety or well-being in any way.

## **5. Program-specific Guidelines for Abuse Prevention of Children, Youth and Vulnerable Adults**

### **A. Nursery Guidelines Pertaining to Child Abuse Prevention**

These nursery guidelines are designed to protect children from harm while they are placed in the care of nursery volunteers during church-related events. They are also utilized to ensure that guests feel welcome and safe to use the nursery at First CRC.

1. The nursery guidelines will be printed and posted in the nursery.
2. a. Morning Service: There should be at least 2 unrelated caregivers over the age of 13 in the room at all times.
- b. Evening Service: Only one adult will be assigned to the nursery.

3. No child should be left unattended in the nursery at any time.
4. Parents should sign in each child on the designated form when they arrive in the nursery and sign out when they pick them up.
5. When changing a diaper, it should be done at the diapering station and within the eyesight of other helpers.
6. Accidents or illnesses must be reported immediately to the child's parent/guardian. An [Accident or Incident Report \(Appendix H\)](#) should be filled out in case of accident or injury, one copy for the child's parents, and one for the Nursery Coordinator.
7. Children in infant or toddler nurseries are to be picked up only by their parents, or by the person who brought them unless prior arrangements have been made.
8. Attendants should never take a child out of the church building
9. Attendants should never use physical restraints (such as tying or holds) or punish children. If assistance is needed, the parent or adult that brought the child should be summoned. If that parent or adult is unavailable, another attendant should assist until they are available.
10. Individuals who have been convicted of a felony or who have been involved in a child related crime will not be allowed to serve in our nursery or youth ministry programs.
11. Any individual who has reasonable suspicion that a child has been abused will report this to the authorities.

#### **B. Guidelines for Children in Worship and Sunday School**

1. All children and worship volunteers must complete the [Children and Youth Worker Application Form](#)
2. All Sunday School Teachers must complete the [Children and Youth Worker Application form](#) and submit to a background check.
3. Volunteers must abide by the 2-adult rule or rule of 3 at all times.
4. Volunteers must sign and submit to the code of conduct agreement.
5. It is advised that children be supervised with rooms with a window.

#### **C. Guidelines For Youth Group, GEMS, & Cadets**

1. When beginning service, all regular youth group, GEMS, and Cadets leaders will sign the [Children and Youth Worker Application Form](#) and submit to a background check. Any additional volunteers throughout the ministry year will abide by the 2-Adult Rule and the Rule of 3.
2. The incident report form ([Appendix G](#)) should be completed for any incident of misconduct including physical altercations, accidents, injuries, etc.
3. For all events and trips that occur outside of the church including overnight trips, the 2-adult rule and rule of 3 will be applied in all travel, sleeping, service, and social events.
4. No adult should be alone with a minor without written consent from the minor's parent
5. During scheduled classes or events, group leaders should know where the youth are at all times.
6. If a young person leaves an event without permission, the parents/guardian will be called immediately.

7. When instruction is being utilized in rooms, it is advised that rooms have windows or doors remain open.

## 6. Guidelines for Pastoral Visitation

Formal pastoral care is a care carried out by church representatives - ministers, elders, deacons, or a pastoral care team, on behalf of the church community. Such care is an important ministry of the church, reflecting the love, compassion, and presence of Christ to those who participate in the ministries of the church.

Some forms of pastoral care involve one-on-one visitation, such as with those who are experiencing a time of suffering or grief, with those who are housebound, or with those in the hospital. In these cases, pastoral visits are made to offer spiritual friendship, help, support, and contact with the community of faith. These visits may include practical help, giving information, and/or supporting people as they make difficult decisions. Listening well is fundamental to all good pastoral care.

The following guidelines are provided to ensure safe and healthy practices of pastoral visitation:

1. Pastoral care visits should be conducted in the morning, afternoon, or early evening.
2. In the interest of confidentiality, all records of pastoral care visits should be kept securely on the church premises. Records should be minimal, including the name of the person visited, the date, and a brief indication of the reason for the visit.
3. All pastoral care visitors will honor the limits of their role in giving care, referring congregants as the situation requires to the services of counselors, spiritual directors, and others who are better trained and resourced to meet a congregant's needs.

## 7. Responding to Abuse

### A. Reporting/Responding to Disclosures and Allegations of Abuse of Minors or Vulnerable Adults

The following steps are to be followed in cases of suspected abuse of a minor or vulnerable adult. See also [Appendix C: Responding to Disclosure of Abuse from a Child and the Safe Church Ministry \*Responding to Abuse Toolkit\*](#).

1. All ministry leaders/volunteers who have a reasonable suspicion of sexual, physical, or emotional abuse or neglect of a minor or vulnerable adult are responsible to report it within 24 hours to the Child Protective Services/Children's Aid Society 24-hour hotline 1-800-362-2178. If you are uncertain of whether what you heard or saw constitutes evidence of abuse, consult with a member of First CRC Safe Church Team (see [Appendix B: Signs and Symptoms of Child Abuse](#) for guidance).
2. If a minor or vulnerable adult is in immediate physical danger (either on church property or off the property) then the police (911) should be notified immediately.

3. The ministry leader/volunteer who suspects abuse should also contact the Safe Church Team leader to fill out an incident report (see [Appendix H: Accident or Incident Report](#)) in order to record their observations and follow-up actions. This documentation will be kept in a confidential, locked location in the church office.
4. The Safe Church Team leader should inform the pastor and chair of council of the concerns or allegations of abuse. Note that confidentiality is important in all cases of abuse but especially when a minor is involved (see [Appendix D: Confidentiality for protecting confidentiality and need-to-know reporting](#)).
5. If the abuse happened during a church/ministry-sponsored activity or by a ministry leader/volunteer, in addition to ensuring that the police and/or CPS/CAS have been contacted, the Safe Church Team leader shall notify the church's insurance agent and legal counsel.
6. Together with the pastor and the chair of council, the Safe Church Team leader will develop a plan for responding to the abuse in ways that provide care for the one who has been victimized by abuse and respects the dignity of all involved. The plan will include:
  - a. Putting the ministry leader on administrative leave with or without pay (or suspending a volunteer) for up to 90 days or until the conclusion of the investigation, whichever is sooner.
  - b. Providing support and care for the minor and their family. This should be done in a way that meets the needs of the minor and his/her family first.
  - c. Determining who will be the primary contact with the police and/or CPS/CAS.
  - d. Determining how to deal with media inquiries.
  - e. Contacting the classical Safe Church Coordinator and/or the denominational Safe Church Ministry ([safechurchministry@crcna.org](mailto:safechurchministry@crcna.org)) for further counsel.
7. After the accused has been contacted by the authorities and the investigation is underway, the elders will provide an opportunity for the accused to respond to the allegations.
8. If the accused is found guilty or admits guilt, the elders may (1) subject a determined abuser (hereafter abuser) to further suspension, deposition, or termination of employment, or (2) take such other action against the abuser as the circumstances may dictate.
9. Subject to the best interest of the person victimized by abuse, the governing body should notify the congregation in writing if they conclude that a church leader has perpetrated abuse. This notice should protect the identity and confidentiality of any innocent party, including the person who was victimized by abuse. This written communication should be pastoral, succinct, and objectively factual. Referencing public police reports, charges, or court verdicts may be used.

10. If law enforcement decides not to investigate or charge an adult leader of the congregation who has been accused of abusing a child or vulnerable adult, an independent investigation should be considered in consultation with legal counsel and [Safe Church Ministry](#).

## **B. Responding to Allegations of Abuse of Adults:**

If an adult (the claimant) reports abuse to a member of a Safe Church Team, the pastor, or a member of the council, the Safe Church team leader, the pastor, and the elders (or a few members of the council) will do the following<sup>2</sup>:

1. Assign the claimant an advocate who can walk alongside, support, and represent the claimant throughout the reporting and investigation process.
2. Meet with the claimant and/or the advocate to hear the complaint (without the accused present) and hear the impact it has had on the claimant and what the claimant feels needs to happen for them to feel safe at First CRC again. The claimant may present their testimony orally but should also submit their statement in writing or alternatively, an incident report can be filled out at the meeting and signed by the claimant. The written statement or incident report will be kept in a confidential, locked location in the church office.
3. Suspend the accused from their duties without prejudice until the allegations have been investigated.
4. Based on the information gathered, develop a plan for assessing the veracity of the allegations. Ordinarily, the plan will involve at least one of the following processes:
  - a. An informal response led by a designated investigation team who meets with the accused to follow up on the allegations.<sup>3</sup> The conversation shall include:
    - i. A report of the event as the claimant experienced it
    - ii. An account of how the claimant was impacted by the accused's actions
    - iii. An opportunity for the accused to respond to the allegations
    - iv. A request that the accused do not
    - v. contact the claimant directly until further notice.
    - vi. A report of the conversation detailing the accused's response that is filed with the incident report.
  - b. An advisory panel process exploring the gravity and probability of the allegations of abuse (the classical Safe Church Coordinator or the denominational Safe Church Ministry office is available to help assemble the panel)
  - c. An independent investigation into the allegations of abuse (the denominational

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<sup>2</sup> Officebearers who participate in following up on allegations of abuse are required to take abuse of power training or abuse awareness training. Safe Church Ministry ([safechurchministry@crcna.org](mailto:safechurchministry@crcna.org)) offers a 60-minute online orientation and training on abuse awareness and response.

<sup>3</sup> This option is only appropriate when both the nature of the incident and/or the harm done are relatively minimal. The claimant must agree to this informal response.

Safe Church Ministry office will keep a list of reputable investigators). It is strongly recommended that councils make use of a third-party investigator when:

- i. The accused is a prominent leader in the community or region such that impartiality is especially elusive.
  - ii. The accusations consist of multiple victims or multiple jurisdictions.
  - iii. Real or perceived conflicts of interest make impartiality especially elusive.
- d. If the accused is an office bearer, the elders/council will follow [the Guidelines for Handling Abuse Allegations Against a Church Leader](#) and include the church visitors in their initial deliberations about the best way forward.
5. Based on the information gathered (and the recommendations of the informal investigation team, the advisory panel or the third-party investigators), the Safe Church Team leader, claimant's advocate, pastor, and elders (or a few council members) will determine a plan of action for responding to abuse. If the allegations are found credible, the plan will include:
- a. A determination of appropriate measures of discipline and opportunities for restoration. This could include suspension of church leadership for a period of time, counseling, abuse of power training, mentoring, oversight and accountability, a written apology to the claimant, or if an office bearer is involved, deposition.
  - b. A plan for providing ongoing care and accountability for the accused.
  - c. A plan for providing ongoing care and support for the claimant.
  - d. Provisions for counseling for the claimant.
  - e. If the claimant desires, an opportunity to participate in a restorative conversation with members of the council, members of the church, and/or, the accused (Information on Restorative Circle Processes may be found at [crcna.org/safechurch/restorative](http://crcna.org/safechurch/restorative)).
6. Throughout the process, every effort will be made to protect the confidentiality and dignity of the claimant and the accused.
4. The classical Safe Church Coordinator and the denomination Safe Church Ministry office are available for support, counsel, and resources throughout the process.

## **8. Protocol if there is a Known Sex Offender in Church**

1. Inform all church members of his/her attendance of the church.
2. He/She is not allowed to be involved in any children/youth ministry.
3. Assign 1-2 people to keep tabs on him/her while on church premises. Likely members of council of the safe church committee.
4. Ask him/her to sit in an assigned location when attending.

5. He/She will be required to sign the Conditional Attendance Application found in [Appendix H](#).

## Appendix A: State/Provincial Definitions

Iowa has defined child abuse and neglect as the following:

- A. Child Abuse: Harm or threatened harm to a child's health or welfare that occurs through non-accidental physical or mental injury, sexual abuse, sexual exploitation, or maltreatment, by a parent, a legal guardian, or any other person responsible for the child's health or welfare
  
- B. Child Neglect: Harm or threatened harm to a child's health or welfare by a parent, legal guardian, or any other person responsible for the child's health or welfare that occurs through either of the following:
  - a. negligent treatment, including the failure to provide adequate food, clothing, shelter, or medical care, or
  - b. Placing a child at an unreasonable risk to the child's health or welfare by failure of the parent, legal guardian, or other person responsible for the child's health or welfare to intervene to eliminate that risk when that person is able to do so and has, or should have, knowledge of the risk.

## Appendix B: Signs and Symptoms of Child Abuse – School Age

**Note:** Children rarely exhibit just one sign indicating that they are the victims of abuse. Some symptoms may also represent typical developmental changes, or the after-effects of other kinds of trauma in their lives. Conversely, it is possible for abuse to be taking place without the appearance of any symptoms because of the child's ability to mask or deny what is very confusing and painful to acknowledge. Generally, several symptoms appearing at once *may* be an indication of abuse.

- Complaints of pain, irritation, soreness, redness on the child's bottom; smearing feces on walls or objects
- Pattern of injuries, multiple injuries, injuries about the face or neck; failure to complain about or explain an obvious physical discomfort; hiding bruises
- Unusual fears: a familiar person, a particular room, a particular object, or fear of new experiences
- Poor concentration in classroom; inability to focus
- Exhibiting adult-pleasing behaviors, striving for perfection, acting miserable if failing
- Engaging in self-injury, engaging in excessive masturbation or masturbation in a public setting
- Acting enraged and out of control; expressing anger through destruction
- Shyness or fear about physical touch
- Exhibiting sexual behavior beyond comprehension or maturity level; behaving in a sexual manner with other children or adults
- Exhibiting signs of needing to be in control of others or situations; bullying others
- Hostility and distrust of adults, mood swings and irritability, violent disruptions
- Acting out, including hoarding food and toys, lying, stealing, assaulting
- Frequent absences from school or other scheduled events because of being punished
- Low self-esteem, particular sensitivity to criticism
- Hyper-vigilance, excessive and suspicious watching of other people; easily startled
- Preoccupation with fire and setting fires
- Eating disorders, use of laxatives, unexplained and dramatic changes in weight

## Appendix C: Responding to a Disclosure of Abuse from a Child

**For informational purposes, the following set of guidelines pertains to information that a child may wish to disclose to an adult.**

1. If a child asks to talk with you at church, provide a room (with a window) in which to speak privately.
2. Listen carefully to what the child tells you and respond in a supportive, nonjudgmental manner. Disclosing abuse is a scary thing for children, and they need to know they are supported.
3. Do not appear frightened or disgusted by the child's story, since this may cause the child to stop talking or to believe you are upset with him or her.
4. Avoid asking leading questions. Examples of what you could say: "Can you tell me more?" "Is there anything you need to add?" Do not try to convince the child that the story isn't true or that it didn't happen the way he or she reports it did.
5. Do not attempt to assess the truthfulness of the child's disclosure—that will be for trained professionals to decide. Assure the child you believe him/her and that you care about him/her.
6. Tell the child that whatever happened was not his or her fault and reassure the child that he/she does not deserve to be hurt by anyone.
7. Do not tell or suggest to the child that he or she has been abused.
8. Reassure the child that he or she did the right thing by telling you.
9. Do not promise not to tell anyone. Tell the child that you need to find help so the incident can be prevented from happening again.
10. Do not frighten the child by talking about police involvement or medical examinations to verify the complaint. Instead, share with the child that other people need to know what happened and that they will talk to the child later.
11. Do not ask the child to show you any bruises that are beneath the child's underwear or clothing; observe only those bruises that are accessible.
12. If you feel comfortable doing so, speak to the child and offer support in the following weeks and months.

## Appendix D: Confidentiality

In order to protect the dignity and well-being of any person who has been victimized by abuse, it is important that their identity is kept confidential. The following measures are implemented to protect the privacy of all parties and to ensure that information about any alleged act is limited to essential people:

- A. Need-to-Know: Those positions in the need-to-know category include the following: chair of council, pastor, the pastoral care elders for the claimant and accused, and the Safe Church Team/Abuse Prevention and Response Team.
- B. Situations of abuse involving minors or vulnerable adults require sensitive care and full transparency with law enforcement investigations. In situations of abuse involving minors or vulnerable adults, there shall be a designated Safe Church Team member, pastor, or elder who consults the CRCNA Safe Church Ministry or a Classis Safe Church Coordinator.
- C. The names and information in any abuse allegations shall be limited to the positions listed in paragraph A. Need to Know on this page. Any request to release names of any party involved must be first cleared by the congregation's legal counsel.
- D. Discussion by Council or Committees of Council shall be conducted without the actual names of involved people being used. Instead, descriptions such as "reporter", "alleged offender", and "claimant" shall be used.
- E. A liaison between the legal authorities or Child Protective Services/Children's Aid Society and the church staff/council will be appointed.
- F. After law enforcement has officially charged someone of a crime or after a legal decision has been made, there will be communication outlining ways that the church and community may be able to move forward with respect and responsible ways to process the harm within the congregation and community.

## Appendix E: CHILDREN & YOUTH WORKER APPLICATION FORM:

This application is to be completed by all adults in positions of power and/or who could have access to children, youth, or vulnerable adults. An interview may also be conducted.

**Circle the program(s) you are willing to serve, or will be serving with:**

Children in Worship

Sunday School

Youth Group

Nursery

Little Lambs

Cadets

Gems

Other \_\_\_\_\_

### General Information:

Full Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Do you regularly attend our worship services? Yes / No

If yes, when did you start attending? (Approx. date) \_\_\_\_\_

### Ministry Information:

I have chosen to work in the ministries indicated above because . . .

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Briefly describe what it means to you to Christ-like in your ministry responsibilities:

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**Personal Disclosure Information:** *Please circle the appropriate response.*

*\*All information will be kept confidential by the safe church coordinator. If any responses need to be addressed, you will be contacted personally by a member of the safe church team.*

***Have you at any time ever:***

Been arrested for any reason? \_\_\_\_\_ Yes \_\_\_\_\_ No

Been convicted of, or pleaded guilty or no contest to, any crime? \_\_\_\_\_ Yes \_\_\_\_\_ No

Engaged in, or been accused of, child molestation, exploitation, or abuse? \_\_\_\_\_ Yes \_\_\_\_\_ No

Any reason why you should not work with children, youth, or others? \_\_\_\_\_ Yes \_\_\_\_\_ No

Have you ever participated in, or been accused, convicted or pleaded guilty or no contest to abuse or any sexual misconduct? Yes / No

If the answer to any of these questions is "yes," please explain in detail:

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**Church History and Prior Ministry Involvement:**

List previous church work involving children, youth, or vulnerable adults (*list church name, city, state, and type of work performed*) if any:

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List previous non-church work involving children, youth, or vulnerable (*list each organization name, city, state, and type of work performed*) if any:

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**Verification and Release:**

I recognize that First CRC is relying on the accuracy of the information I provide on the Children and Youth Application Form. Accordingly, I attest and affirm that the information I have provided is true and correct.

I voluntarily release the organization and any such person or entity listed on this form from liability involving the communication of information relating to my background or qualifications. I further authorize the organization to conduct a criminal background check if such a check is deemed necessary.

I agree to abide by all policies and procedures of the organization and to protect the health and safety of the children, youth or vulnerable adults assigned to my care or supervision at all times.

Printed name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Authorization for Criminal Background Check**

*Important: A criminal background check must be completed on people who receive pay or stipend from First CRC and on every volunteer in Sunday School, Gems, Cadets, and Youth Group Programs.*

I authorize the release of any information which pertains to any record of convictions contained in law enforcement files or in any criminal file maintained on me whether local, state, or national. I hereby release local, state, and national law enforcement agencies from any and all liability resulting from such disclosure.

Applicant's signature: \_\_\_\_\_

Print full name, including maiden name if applicable: \_\_\_\_\_

Date of birth: \_\_\_\_\_

When a criminal background check is received, the original will be kept in a locked file and a copy will be given to the applicant. A criminal background check that reveals an arrest or conviction will be kept in strict confidentiality.



## Appendix F: CHILDREN & YOUTH WORKER RENEWAL FORM

### *Volunteers and Employees*

Name: \_\_\_\_\_

Daytime Phone/Email: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP \_\_\_\_\_

Age: \_\_\_\_\_ 18 or younger \_\_\_\_\_ 19-25 \_\_\_\_\_ 26 to 45 \_\_\_\_\_ 46 or older

Which area(s) of this ministry are you currently involved?

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What other areas of this ministry, if any, do you plan to become involved?

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***Have you at any time ever:***

- Been arrested for any reason? \_\_\_\_\_ Yes \_\_\_\_\_ No
- Been convicted of, or pleaded guilty or no contest to, any crime? \_\_\_\_\_ Yes \_\_\_\_\_ No

***Are you aware of:***

- Any reason why you should not work with children, youth, or others? \_\_\_\_\_ Yes \_\_\_\_\_ No

If the answer to any of these questions is "yes," please explain in detail:

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***'Verification and Release:***

I recognize that First CRC is relying on the accuracy of the information I provide on the Worker Renewal Application form. Accordingly, I attest and affirm that the information I have provided is true and correct.

I voluntarily release the organization, and any such person or entity listed on this form, from liability involving the communication of information relating to my background or qualifications. I further authorize the organization to conduct a criminal background check if such a check is deemed necessary.

I agree to abide by all policies and procedures of the organization and to protect the health and safety of the children, youth or vulnerable adults assigned to my care or supervision at all times.

Printed name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**PLEASE RETURN this form to the  
Safe Church Team Leader or Office Administrator  
Thank you!**

## Appendix G: ACCIDENT OR INCIDENT REPORT

Name of Person(s) Involved: \_\_\_\_\_

Address of Person(s) Involved: \_\_\_\_\_

Email/Phone Number: \_\_\_\_\_

Date and Time of Incident: \_\_\_\_\_

Name of Parent(s)/Guardian, if applicable: \_\_\_\_\_

Location: \_\_\_\_\_

Description of Accident/Incident (i.e., how injured, others involved, type of injury, etc.):

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Action Taken:

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Report Submitted by: \_\_\_\_\_ Date: \_\_\_\_\_

Report Reviewed by Policy Administrator: \_\_\_\_\_

Please return this form to the church office

## Appendix H: Conditional Attendance Agreement

### First CRC Rock Valley

Name: \_\_\_\_\_ Date Of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ SSN \_\_\_\_\_

Conditional Attendance is based on the need to provide protection for all persons who attend any activity or event at Rock Valley First Christian Reformed Church (RV1<sup>st</sup> CRC) and may be withdrawn at any time for any reason. Minors, as referred to in this document, do not include one's own children, but only those children who are part of the RV1<sup>st</sup> CRC family.

Initial

\_\_\_\_\_ I understand that I will be allowed to attend worship services at RV1stCRC only as long as I agree and abide by all conditions stated in this document.

Initial

\_\_\_\_\_ I understand that the RV1stCRC pastor or a member of the Safe Church team may contact my parole or probation officer as often as they deem necessary.

Initial

\_\_\_\_\_ I, upon arrival and before leaving any RV1stCRC activity (on or off campus), will check in with my Church Appointed Representative (CAR).

Initial

\_\_\_\_\_ I am allowed only in the public areas of the worship and coffee centers; I will not sit beside a minor and when using the restroom, I must be accompanied by a CAR.

Initial

\_\_\_\_\_ I understand I am not to work with or be involved in any way with minors (children that are under 18 years of age), providing transportation for such, attending a community group where minors are part of the group, nursery, Little Treasures, Sunday School, etc.

Initial

\_\_\_\_\_ I understand that I may be invited to a meeting or meetings to review my specific situation and requirements.

Initial

\_\_\_\_\_ I will contact the Pastor, a member of the Safe Church Team, or a CAR if I have questions or concerns.

Initial

\_\_\_\_\_ I agree that violating any of these agreements may result in my being prohibited from attendance at any RV1stCRC function, whether on or off RV1stCRC's premises. The offender is expected to explicitly adhere to this agreement. If a violation is suspected, the offender will meet with Church representatives at a time and place and in a manner determined by the Church in its sole discretion to review the suspected violation and the Church's concerns. The offender's parole or probation office may be invited to participate in the meeting. If a violation is confirmed by the Church representatives in their sole discretion, appropriate actions will be taken.

I, \_\_\_\_\_, have read and understand the preceding agreement and have initialed the specific requirements that provide me with opportunities to attend Rock Valley First Christian Reformed Church. By initialing these statements, I agree that I will adhere to these terms as long as they are in effect.

My Church Appointed Representative (CAR) is: \_\_\_\_\_

My Church Appointed Representative (CAR)'s phone number is: \_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

Witnessed By: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

